

## Upcoming Events and Activities

### TBC Quarterly Business Meeting

Our next QBM is scheduled for TODAY, Sunday, October 20<sup>th</sup>, following the morning worship service. Once again, we will plan to enjoy a potluck lunch together prior to the meeting taking place. Everyone is welcome to attend either the lunch or the meeting, but any voting to take place at the QBM is reserved for church members only.

An agenda for the meeting, along with copies of the minutes from our last meeting from June 2024, and a recent financial report are available on the welcome table at the entrance.

### Local Hallowe'en Hot Chocolate Handout

Later this month on Thursday, October 31<sup>st</sup>, 5:30 – 8:00 pm, we'll once again be handing out hot chocolate and treats from the front lawn of the Meldrums (1019 Limestone Trail). Volunteers are welcome to join us, as we look forward to connecting with our Petawawa community on this evening.

### Trailhead's Weekly Ministries

TBC Weekly Prayer Group.....Monday evenings, 7 pm  
TBC Men's Study .....Tuesday evenings, 7 pm  
TBC Ladies' Study..... Wednesday mornings, 9:30 am  
Co-Ed Small Group.....Thursday evenings, 7:30 pm

### NEXT SUNDAY AT TRAILHEAD:

"Joseph Tests His Brothers"  
(Genesis chapter 43)



Sunday morning Weekly Worship  
10:30 am at The Silver Threads Club  
1163 Victoria Street, Petawawa

Pastor Tim Roddick 613.401.8841 tim@trailheadbaptist.com  
www.facebook.com/trailheadbaptist www.trailheadbaptist.com



"The Crippling Power  
of Negative Thinking"

The Book of Genesis, pt. 46  
Genesis chapter 43

Pastor Tim Roddick

Sunday, October 20<sup>th</sup>, 2024

# Welcome to Trailhead Baptist Church

## Trailhead Baptist Church's Mission

Trailhead Baptist Church exists as a church family focused upon inviting people to know and follow Jesus Christ within a supportive community of believers.

## rightnow MEDIA.

Our Trailhead family has FREE access to over 25,000 faith-based videos created for adults, youth, and children, that can easily be accessed through your personal tablet, home computer, or mobile phone. Simply scan the following QR code below, or request an email invite from Pastor Tim, to create your own free account and begin streaming!



## Supporting Trailhead Financially

There are two ways to personally give to support Trailhead:

- a) By placing your donation into a provided envelope, and depositing it in the black metal collection box located on Trailhead's welcome table.
- b) By means of an e-transfer, directed to the email: [office@trailheadbaptist.com](mailto:office@trailheadbaptist.com). Additional details concerning how one can give in this way, may be found on Trailhead's website under the 'giving' tab.

Please note: All monetary givings will be deposited into TBC's general fund, and annual tax receipts provided should the donor be identified on their cheque or envelope; with the exception of monies designated for TBC's 'Benevolent Fund.'

## "The Crippling Power of Negative Thinking" (Gen. 43) The Book of Genesis, pt. 46

Sunday, October 20<sup>th</sup>, 2024

### Sermon Summary

- Their food supplies becoming depleted, Jacob ordered his sons to return to Egypt to purchase some more grain, forgetting that the governor had earlier demanded that Benjamin return with them to Egypt (Gen. 43:1-5).
- Once again, Jacob initially refused to let Benjamin go to Egypt, fearful that harm might befall him. But had Jacob possessed a bold confidence in the Lord to protect his family, he would not have hesitated for a moment.
- The popular book, 'The Power of Positive Thinking,' suggests that possessing a positive perspective can substantially improve one's life; which would also imply that a negative attitude can also be potentially crippling.
- Evangelist Church Swindoll offers three techniques we can utilize to avoid developing a negative attitude and nature:
  1. Recognize and admit your negative mentality.
  2. Force a vertical focus until it begins to flow freely.
  3. Stay open to a new idea, at least for five minutes.
- Only after we recognize how our own pessimistic hopelessness negatively affects our lives, can we ever hope to step out of the darkness and into the light.
- Do we thoughtlessly place a limit on the joy that God can bring our way because we lack a confident trust in Him?
- The farther we distance ourselves from the 'light,' the further we plunge into the darkness, isolating ourselves from the promising comfort and hope found in Christ.
- If we but choose to keep our spirit focused on the one true 'light,' life becomes worth living, and a spirit of negativity is choked of its power.

**If one chooses to keep their eyes focused on the darkness, they'll never allow themselves to see the 'light.'**